



# Louisiana Culinary Institute

## ProStart Advanced Credit Policy

After careful review of the ProStart curriculum, the Louisiana Culinary Institute (LCI) is pleased to allow advanced credit for students **completing** the ProStart I and II programs, with a grade of a "C" or higher in both programs, **and** meeting the following criteria:

### **ServSafe® Food Safety and Sanitation – CA 111 – 2 Semester Credit Hours**

ProStart students are required to show proof of certification in the National Restaurant Association's (NRA) ServSafe® Food Safety 30-hour course. *There is a \$40 fee associated with taking this test.*

### **Restaurant Production and Service I – CA 121 – 1 Semester Credit Hour**

ProStart Students are required to complete a Practical Exam, hosted at LCI, which consists of the following (*There is a \$10 fee associated with taking this test*):

- Knife Cuts: Julienne, Brunoise, Small Dice, Medium dice, Paysanne, Lozenge, Section an Orange, and Show an Understanding of Tourné
- Deboning a Chicken: Eight (8) Way
- Cooking a Chicken in the following ways: Braise and Fry
- Cooking the following items: Rice Pilaf, Risotto, Biscuits and Grilling Pork Chops

### **Hospitality and Restaurant Management – CA 211 – 2 Semester Credit Hours**

ProStart Students are required to show proof, via the NRA Educational Foundation's (NRAEF) Certification of Completion, of successful completion of the NRAEF's Hospitality and Restaurant Management Course, part of the NRAEF's ManageFirst Program®.

### **Nutrition – NUT 201 – 4 Semester Credit Hours**

ProStart Students are required to show proof, via the NRAEF's Certificate of Completion, of successful completion of the NRAEF's Nutrition Course, part of the NRAEF's ManageFirst Program®.

### **Controlling Costs – MAT 102 – 3 Semester Credit Hours**

ProStart Students are required to show proof, via the NRAEF's Certificate of Completion, of successful completion of both the Controlling Foodservice Costs and Inventory and Purchasing Courses, part of the NRAEF's ManageFirst Program®.

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Additionally, all applicants are eligible to apply for transfer credits for other general education classes, including English, Math and Psychology, via the LCI Transfer Credit Policy. A summary of the traditional and non-traditional ways in which all applicants can apply for transfer credit is attached.